



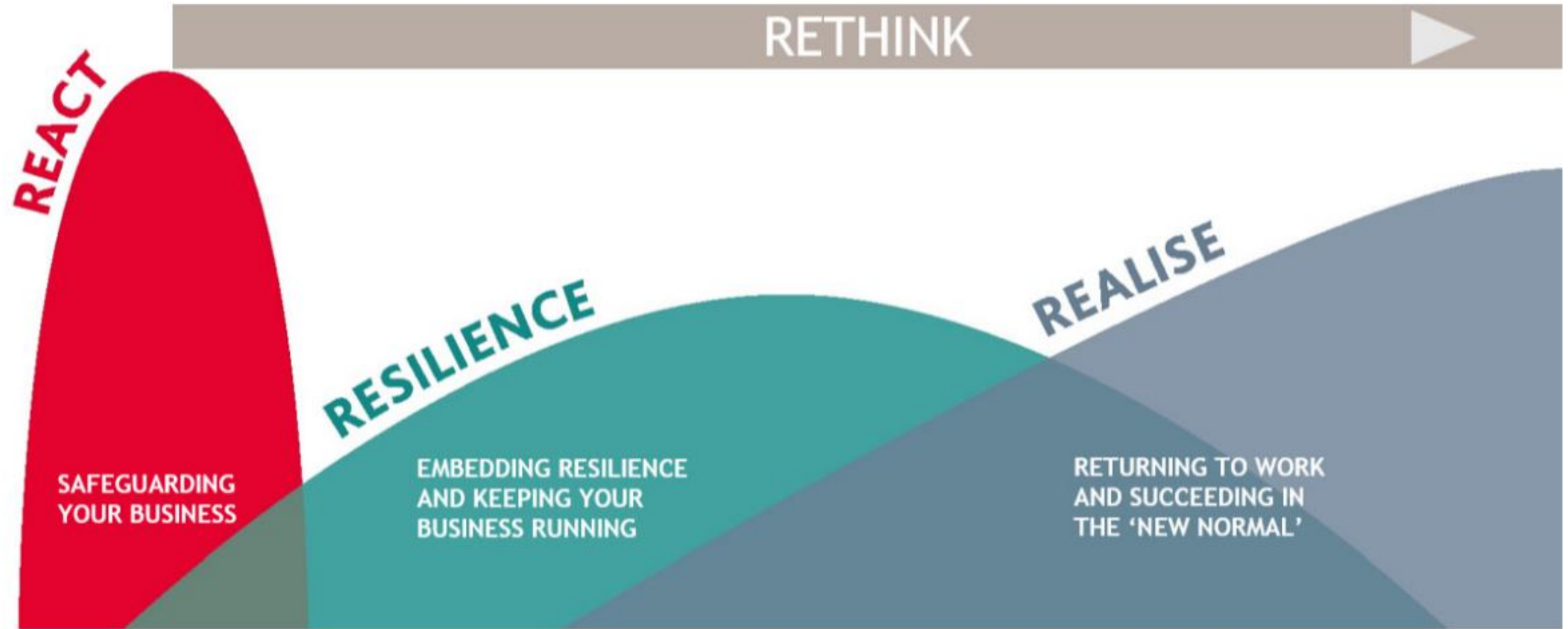
RETHINK Webinar Series

Episode Five: Boosting Your Organisations' Resilience

PRESENTED BY:

PHILLIP ROTH
BDO Christchurch Advisory Partner

BDO



ONE DEFINITION OF RESILIENCE

Resilience is what gives business, organisations, and individuals the psychological strength to respond and adapt to stress, daily challenges and more significant events in a healthy positive and adaptive way. It's also about proactively developing a mental reservoir that can help us sustain our mental wellbeing in challenging times.





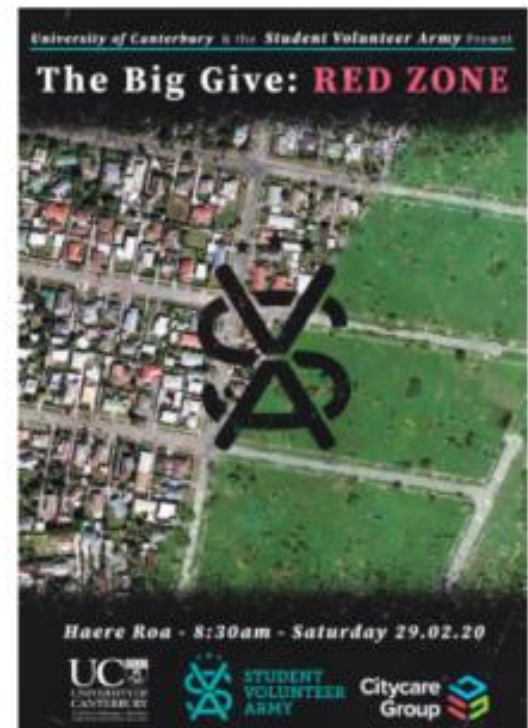
STUDENT VOLUNTEER ARMY

Kia tūao, e tū ki te ao.

Be a volunteer, stand up in the world.











SUSTAINABLE DEVELOPMENT GOALS

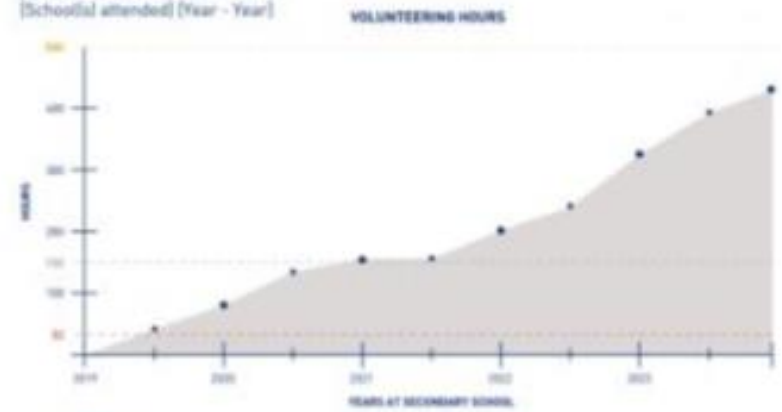
1 NO POVERTY 	2 ZERO HUNGER 	3 GOOD HEALTH AND WELL-BEING 	4 QUALITY EDUCATION 	5 GENDER EQUALITY 	6 CLEAN WATER AND SANITATION
7 AFFORDABLE AND CLEAN ENERGY 	8 DECENT WORK AND ECONOMIC GROWTH 	9 INDUSTRY, INNOVATION AND INFRASTRUCTURE 	10 REDUCED INEQUALITIES 	11 SUSTAINABLE CITIES AND COMMUNITIES 	12 RESPONSIBLE CONSUMPTION AND PRODUCTION
13 CLIMATE ACTION 	14 LIFE BELOW WATER 	15 LIFE ON LAND 	16 PEACE, JUSTICE AND STRONG INSTITUTIONS 	17 PARTNERSHIPS FOR THE GOALS 	



EVA SERVICE AWARD

SUMMARY OF SERVICE

[Full name]
[School(s) attended] [Year - Year]
[School(s) attended] [Year - Year]



418
TOTAL HOURS SERVED

- Service 1 - 75%
- Service 2 - 14%
- Service 3 - 9%

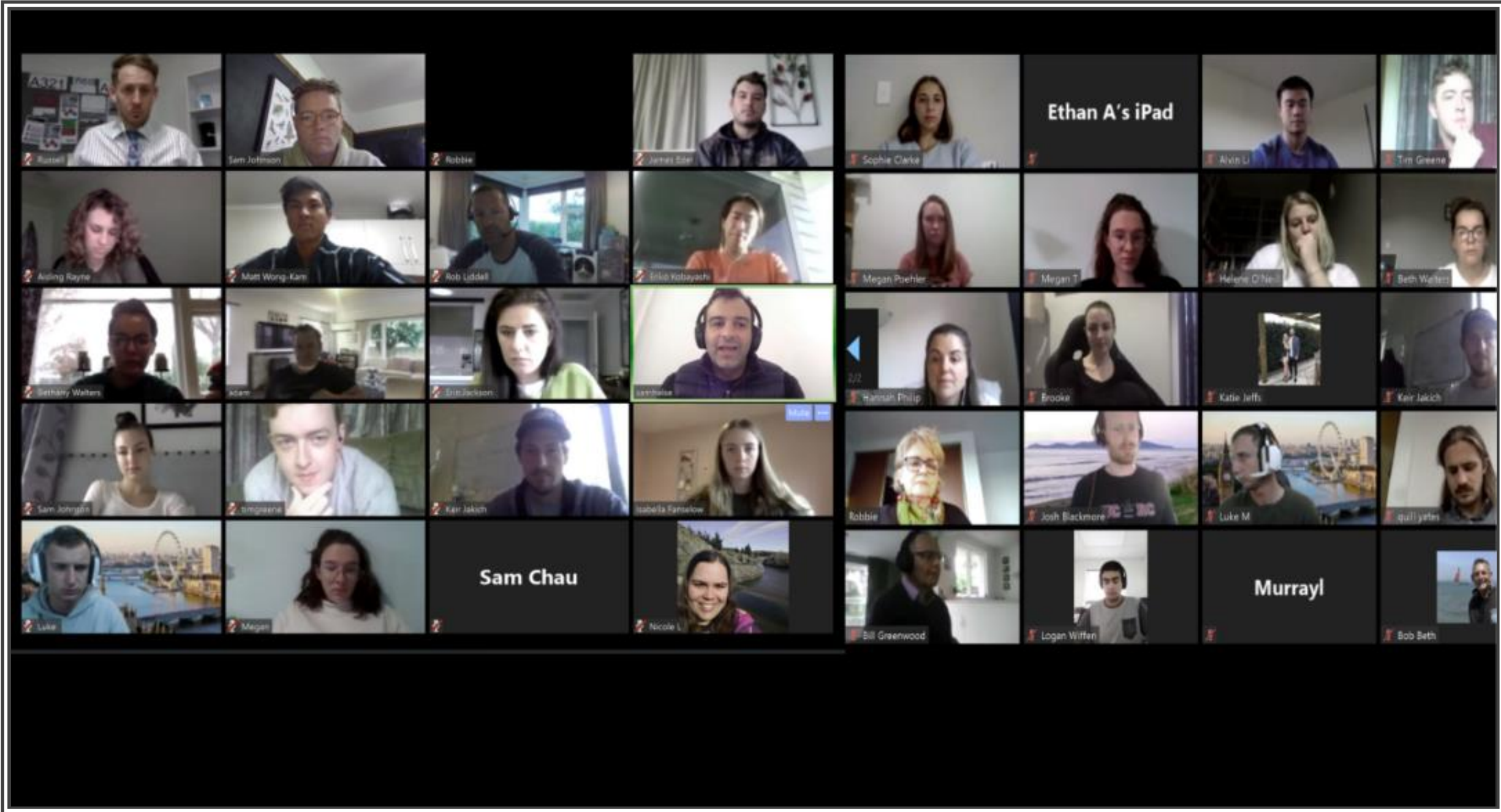
SERVICE 1 (Hours: 314)
 SERVICE 2 (Hours: 59)
 SERVICE 3 (Hours: 45)



www.sva.org.nz
0800 005 902



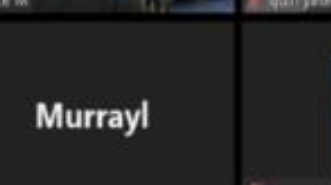
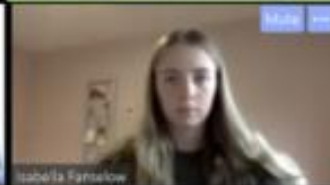
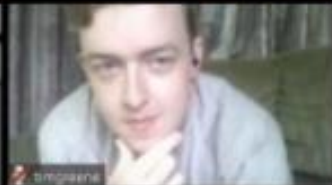
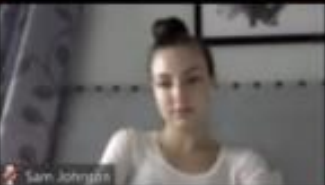
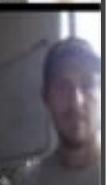
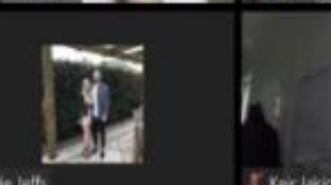
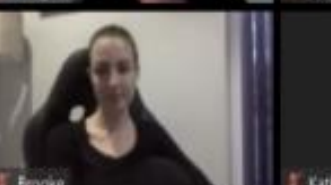
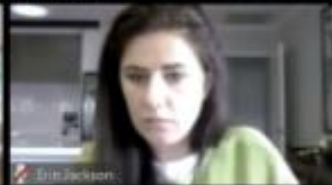
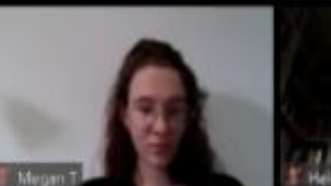
Covid 19 Response



Ethan A's iPad

Sam Chau

Murrayl



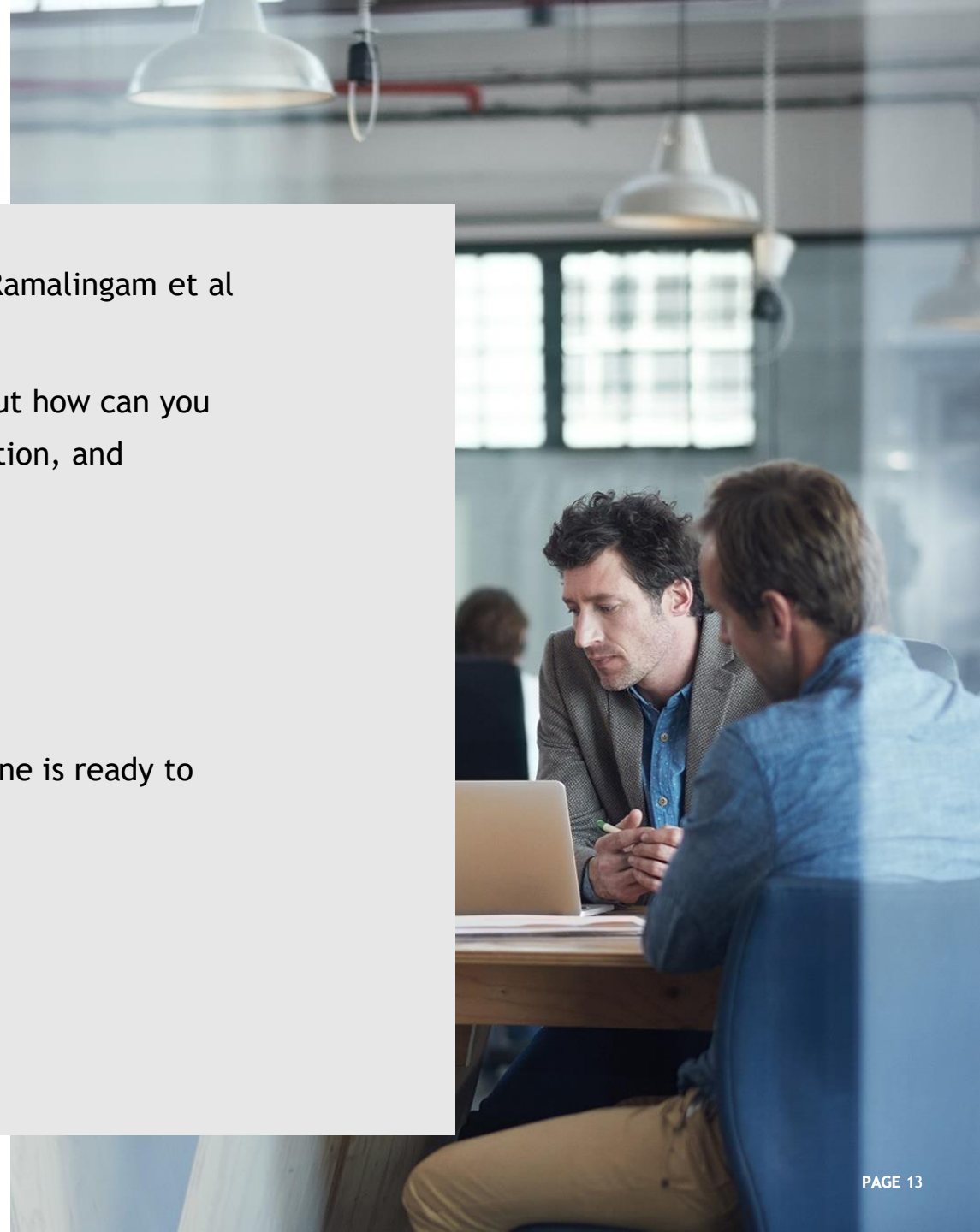


ADAPT YOUR LEADERSHIP FOR RESILIENCE

This tip is adapted from [“5 Principles to Guide Adaptive Leadership,”](#) by Ben Ramalingam et al and is taken from the Harvard Business Review.

Leaders facing today’s level of uncertainty need to be ready to quickly adapt. But how can you move an organisation forward in the face of unpredictability, imperfect information, and multiple unknowns?

- Start by prioritizing evidence-based learning.
- Stress test your underlying theories.
- Make sure you’re transparent about who is making decisions.
- Mobilize collective action.
- Emphasize coordination, partnership, and dialogue to make sure that everyone is ready to move forward in the same new direction.



IN ADDITION AS A LEADER:

Tips

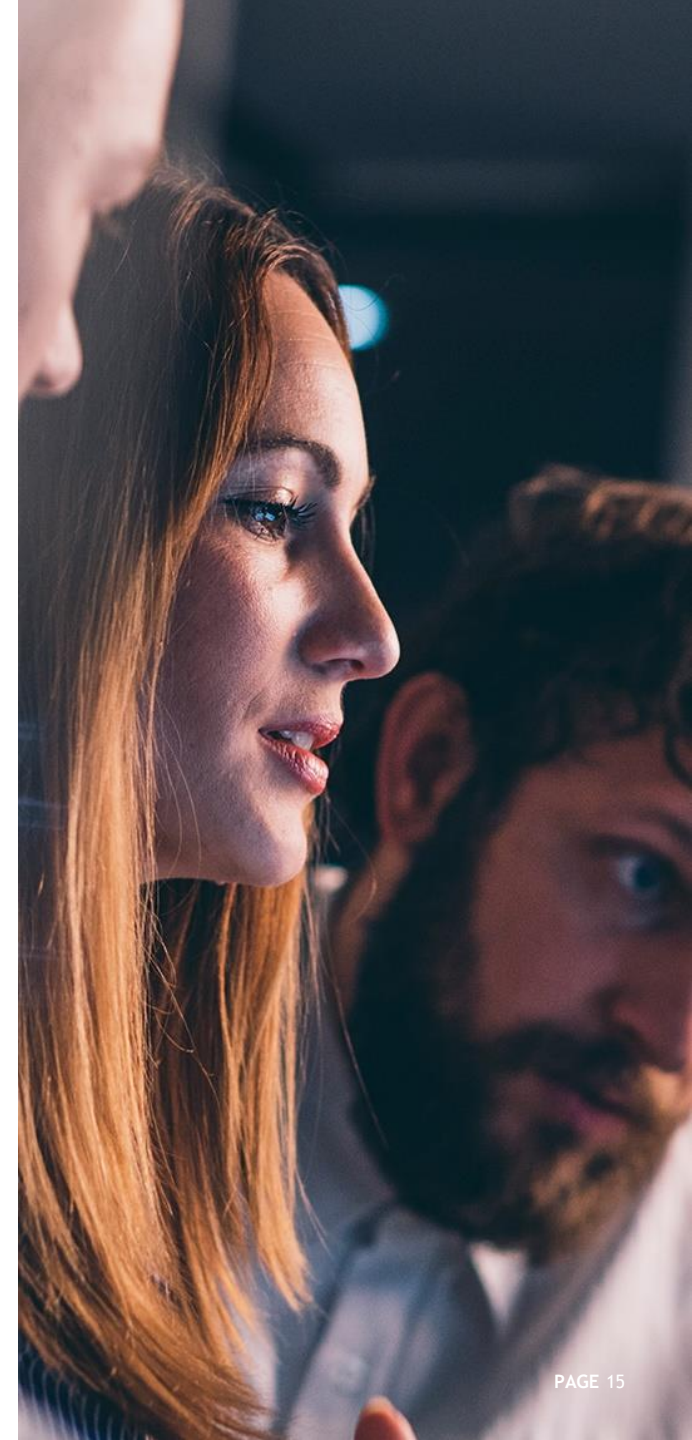
- Show respect
- Empathise
- Listen
- Be honest
- Buddy system
- Give clear plans and guidelines
- Get everyone involved
- Be creative
- Do no get paralyzed



SOME FINAL TIPS TO ENHANCE RESILIENCE

Tips

- Accepting a problem is an opportunity
- Manage your time
- Practice relaxation
- Exercise daily
- Set aside time for yourself
- Eat well
- Get enough sleep
- Avoid drugs and excessive alcohol
- Talk to someone
- Practice mindfulness
- Where are your supports?



CONTACT

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WEBSITE

www.bdo.nz

COMING UP

Episode Six: RETHINKing the tax landscape

Following the NZ Election 2020, we discuss a range of tax issues impacting businesses dependent upon legislation and change to loss carry forward rules - a very significant proposed change and a RETHINK of rules.

Presenters:

Mark Lodder, National Head of Tax, BDO New Zealand

Iain Craig, BDO's eye on tax, BDO Auckland

Thursday 5 November, 9 - 10am

There is no cost to attend this webinar

Register today at www.bdo.nz